

IN HONOUR OF PTE GALAGHER & LCPL MCDONALI

PAID THE ULTIMATE PRICE FOR THEIR COUNTRY ON 30 AUGUST 2012

2 MATES, 2 HEROES 2 ROUNDS, 1 WOD

MCDONALD & GALAGHER

Rxd Men 24kg Rxd Women 16kg Rxd Men 50kg Rxd Women 30kg

Athlete Name	
Scorekeeper Name	
Affiliate	

Male / Female	Movement	Reps	Round I	Round 2
M 24 / F I6 Kg	Run	200m		
	KBS	16		
M 50 / F 30 Kg	Pull ups	16		
	Front Squat	16		
M 24 / F I6 Kg	Run	200m		
	KBS	14		
M 50 / F 30 Kg	Pull ups	14		
	Front Squat	14		
M 24 / F I6 Kg	Run	200m		
	KBS	12		
M 50 / F 30 Kg	Pull ups	12		
	Front Squat	12		

Scaled?	YF2.	NU	Please circle
Total Ti	me:		

Athlete Sign	
Scorekeeper Sign	